



**SAFETY GUIDELINES  
FOR  
VOLUNTEER  
GROUPS**

**ADOPT-A-PARK  
PROGRAM**

**TOWNSHIP OF SCUGOG  
COMMUNITY SERVICES  
DEPARTMENT**

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## **THINK SAFETY**

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There are a few simple rules worth remembering when it comes to safely working in Parks. These rules must be reviewed by all volunteers before each Environmental Clean-Up or Garden Maintenance session.

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## **VOLUNTEERS MUST:**

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- Review safety rules before each session.
- Provide at least 1 adult (19 years or older) supervisor for each 5 workers.
- Supervisors should always wear a safety vest with reflective stripes.
- Carpool to minimize the number of vehicles at the work-site and always disembark from vehicles on the side adjacent to the park, or if the park has a lot vehicles should be parked in the lot.
- Park parallel to the road and as far away of the travelled portion as possible.
- Park all vehicles on the same side of the roadway.
- Use flags to cross any roads.
- Pick-up litter during daylight hours only.
- Flag hazardous and unidentifiable items for pick-up by Township Parks Staff.
- Stay clear of any maintenance or construction operations and equipment.
- Discontinue work in inclement weather. If thunder or lightening occurs immediately return to your vehicles.
- Place filled trash bags at the designated pick-up site(s).

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### **VOLUNTEERS MUST NOT:**

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- Walk or pick up litter on the pavement, shoulder, or in the median.
- Work on bridges, overpasses, steep ground, or in tunnels.
- Touch or pick-up hazardous items or anything that can not be identified.
- Wear clothing or display material that might distract motorists.
- Use or possess illegal drugs or alcoholic beverages before or during the clean-up.
- Step or jump on trash bags.

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### **FOR YOUR OWN SAFETY**

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- Stay mentally alert at all times.
- Wear protective footwear and gloves.
- Wear light-coloured clothing that covers arms and legs.
- Wear a baseball cap or wide-brimmed hat and sun screen lotion.
- Drink lots of fluids while you work, especially on hot humid days.
- Be aware of any special needs of fellow volunteers (i.e. medical).
- Avoid over-exertion.
- Stay alert for and avoid hazardous plants (e.g.: poison ivy) and stinging insects.
- Keep an adequate supply of flags and trash bags on hand.

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**IN CASE OF EMERGENCY**

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- Have a first aid kit immediately available.
  - Pre-select the most direct route to the nearest medical emergency facility.
  - Always have transportation immediately available.
  - Know where the nearest telephone is located.
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Thank you for participating in the  
Township of Scugog

**ADOPT-A-PARK PROGRAM**

For more information contact the Scugog Community Recreation Centre:

Township of Scugog  
Community Services – Parks, Recreation and Culture  
1655 Reach Street  
Port Perry, Ontario  
L9L 1P2  
(905) 985-8698

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The Township of Scugog encourages recycling whenever possible.